

Career counselling is counselling or mentoring/coaching on issues related to an individual's career. With more and more diverse career options and professional opportunities emerging, career counselling helps individuals make the right choice about their career paths, career development and career change.

Career counsellors help individuals with the task of self-assessment and self-analysis. They then match the aptitude, skills and interests of the individuals with various job types. They also help identify the various job options available and provide clarity on different job roles.

Overall, they help individuals make informed career choices and help them define their career paths to maximize the success in their chosen careers.